

Casual email consent for information release

Subject: Permission to Share My Records

Hi [Recipient's Name],

I am writing to give my consent for [Organization/Individual] to access and share my [type of information] with [Recipient or Organization].

This authorization is effective from [Start Date] to [End Date].

Please let me know if you need any additional details to complete this process.

Thanks,

[Your Name]

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<https://www.lettersandtemplates.com/letters/authorization-letter-to-release-information>