

Resignation due to health concerns

Subject: Resignation - Health Considerations

Dear [Manager's Name],

I hope this message finds you well. After careful consideration and consultation with my healthcare providers, I have made the difficult decision to resign from my position as [Job Title] to focus on my health and recovery. My final day will be [Date].

I want to express my heartfelt gratitude for the supportive work environment and the understanding you have shown during my health challenges. The flexibility and care from the entire team have meant more to me than words can express.

I will work diligently over the next two weeks to ensure all my responsibilities are properly transferred and that my departure causes minimal disruption to the team and ongoing projects.

Thank you for being such an understanding and compassionate manager. I hope to maintain the friendships I've built here.

With gratitude,

[Your Name]

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